

Low German Midwifery Words and Phrases

Everything is O.K	Aules es goot
This is normal	Dit es normaal
Breastfeeding is the healthiest for your baby	Selfs bisorjen (Brost jaewen) es daut jisundeste fi daut Baby
Breathe	Doo odmen
You can do it	Due kaust daut dohnen.
Can you feel the baby moving?	Kaust due sperrn daut daut Baby sijk biweajcht?
Where do you feel pain?	Wua deit die daut weeh?
Page me when...	Loht mie weeten wann...
...your water breaks	...dien Wota wajch jeit
... you feel contractions	...du Jiburtsweehen kjrichst
...you are bleeding	... due bleeden deist
...if the baby is not moving	... daut Baby sijk nicht meea riet
Is this O.K?	Es dit goot so?
How often/ strong/ long are the contractions?	Woo feaken/ stoajk/ langk sen dee Jiburtsweehen?